Highlights of Changes* in the APA 7th ed. Manual

Style
- Guidelines for student papers (e.g., sample student paper; annotated bibliographies)
- Supports the use of the singular “they”
- Use quotation marks around linguistic examples instead of italics
- Guidelines for bias-free language

Formatting
- One space after a period (unless otherwise requested by instructor).
- Title of paper, References, and Appendices labels/titles are **bold**
  - Extra space between title and author byline on front page
  - Include course code and course name on title page
- Paper can be in any one of the following fonts:
  - Calibri 11-pt
  - Arial 11-pt
  - Lucida Sans Unicode 10-pt
  - Times New Roman 12-pt
  - Georgia 11-pt
  - Computer modern 10-pt
  *APA recommends instructors specify word count rather than page length in assignments to accommodate typeface and size that affects page length
- Student papers do not require a running head, just page numbers (top right corner); professional papers still need both
- Student papers do not require an abstract
- The format of level 3, 4, and 5 headings have changed (all in title case):

<table>
<thead>
<tr>
<th>Heading Level One</th>
</tr>
</thead>
<tbody>
<tr>
<td>[Text begins]</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Heading Level Two</th>
</tr>
</thead>
<tbody>
<tr>
<td>[Text begins]</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Heading Level Three</th>
</tr>
</thead>
<tbody>
<tr>
<td>[Text begins]</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Heading Level Four</th>
</tr>
</thead>
<tbody>
<tr>
<td>[Text begins]</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Heading Level Five</th>
</tr>
</thead>
<tbody>
<tr>
<td>[Text begins]</td>
</tr>
</tbody>
</table>

- Figures and tables are formatted the same (Figure number and title appear above the table/graph/image; note appears below)
  - Table/figure number is bold; Table/figure Title is italicized

*This list of changes is not exhaustive. More information can be found in the APA Style Manual (7th ed.) or on the APA Style website.
In-text Citations

- Sources with 3 or more authors: include first author’s last name and all other authors are replaced with et al.
- More examples of how to cite a specific part of a source without page numbers (e.g., section names, slides, tables, verses, etc.)
- Secondary source citation: if you know the year of the original source, include it in the citation
- Guidelines about ‘appropriate’ level of citation are provided; how to handle repeated citations
- Guidelines for citing Traditional Knowledge or Oral Traditions of Indigenous Peoples

References

Four elements of a reference entry: Author (who created it?), date (when was it created?), title (what is it called?), and source (where can I get it?)

- Remove location from publisher (books, reports, etc.).
  - A location is still required for sources such as conference presentations. Include city, abbrev. State or province, and country (e.g., Calgary, AB, Canada)
- “Retrieved from” is no longer required for URL’s. Include “retrieved from” only for sources that need retrieval dates
  - Sources that are unarchived or ‘meant to change’ should include a retrieval date (e.g., websites designed to change, dictionary entries, social media profiles)
- If author is same as publisher, omit it from source information; “Author” is no longer needed
- Website citations include the site name before the URL, unless the name of the site is the same as the author.
  - Webpage titles are italicized; site names are not italicized
- List up to 20 authors in a reference entry; for 21 or more, list first 19 then ‘...’ then last author
- Include the issue number for journal articles if it is available
- Include publisher AND doi for some sources (ebooks, online dictionaries and encyclopedias)
  - Good rule of thumb: If a source has a doi, include it in the entry.
- Standardize a doi as a hyperlink: https://doi.org/xxxx/ (where xxxx is the doi’s number)
- These sources previously cited only in-text and not in the reference list now need a reference entry:
  - Classical (ancient Greek/ Roman work) and religious texts (Bible, Qu’ran, Torah, etc.)
  - Class powerpoint slides or lecture notes on Blackboard (if recoverable)
- Blogs are formatted like articles; do not include [Blog post] after title in entry
- References to images of artwork from museum websites includes the name of the museum, city, and country before the URL

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